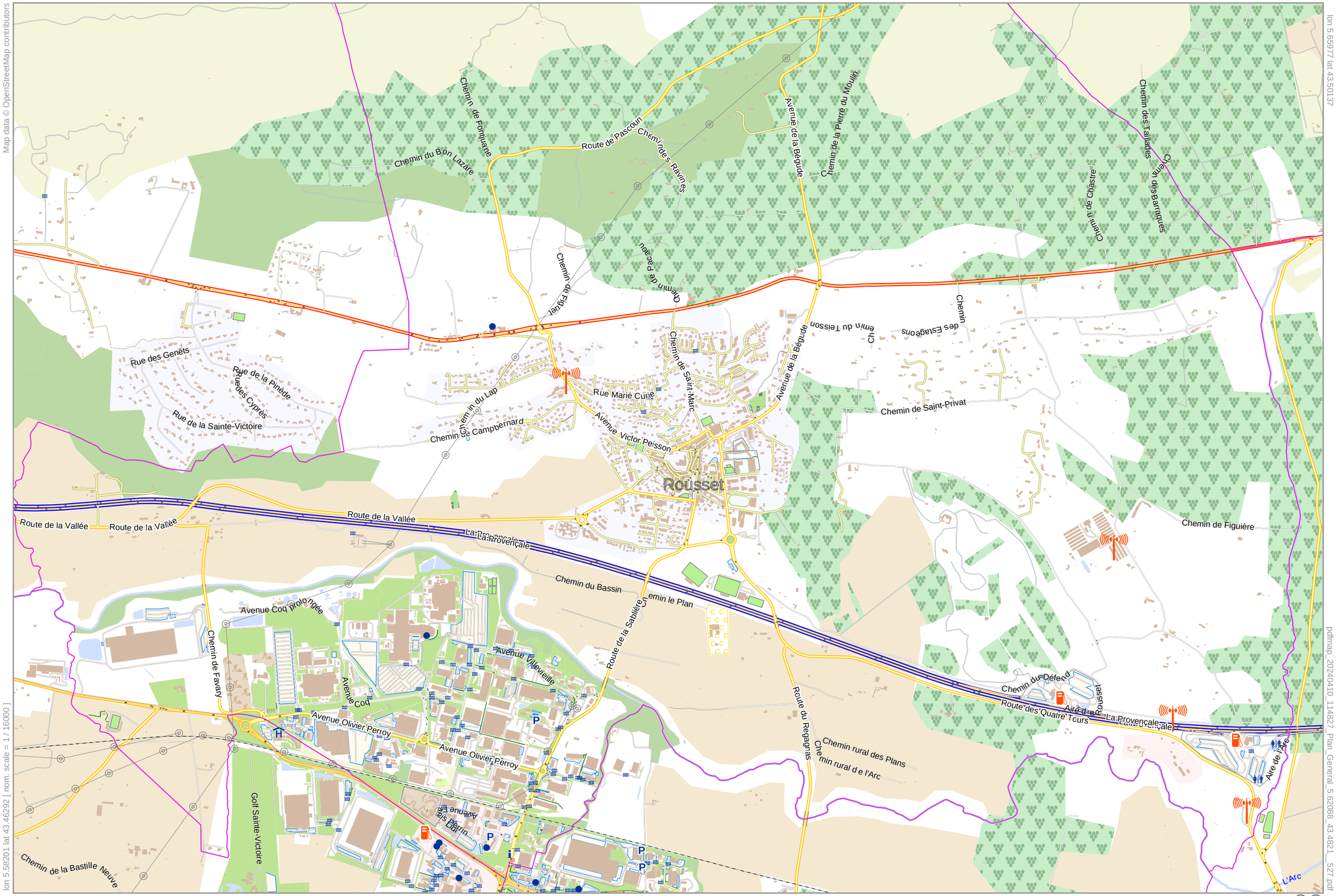Plan Général